## C. Williams & Associates, LLC

Local Mental Health & Social Services Resource Guide

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#### C. Williams & Associates, LLC

408 E. Bolton St. Savannah, GA 31401

**Phone:** 912-447-5530 **Fax:** 912-447-4613

Website: <a href="mailto:cwilliamsandassociates.com">cwilliamsandassociates.com</a>
Office email: <a href="mailto:cwatherapy@gmail.com">cwatherapy@gmail.com</a>

Additional email: chris@cwilliamsandassociates.com

We offer various types of talk therapy for clients of all ages including individual, couples, youth, LGBTQ+, and family counseling, both in-person and via Telehealth services

Therapists work with clients with a wide range of of presenting issues that include but are not limited to:

- Grief/Loss
- Trauma
- Depression
- Anxiety
- Behavioral Issues

- Life Transitions/Adjustment
- Autism Spectrum
- Borderline Personality Disorder
- Bipolar Disorder

Accepted Insurance Plans: Amerigroup, Caresource, Aetna, Friday Health Plan, Healthgram, Humana, Blue Cross, Mertain Health, Medical Mutual, Multiplan, Tricare select/for life, United/Optum, UMR

Not Accepted: Tricare Prime, Medicare, and straight Medicaid plans

• Self-Pay sliding scale is available for clients without insurance

Meet our providers!

#### **Practice Owners:**



Coriander Williams, LPC



Christopher Williams, LPC

#### **Providers:**



Mark Taylor, LPC



Tosha Robbins, LPC

Meet our providers!

#### **Providers:**



Seneca Pender, LCSW



Kimberly Nielsen, LAPC



Peri Kyriacos, LCSW



Synthia Wallace, LAPC

Meet our providers!

#### **Providers:**



David Fitzgerald, Intern



Hannah McKee Fitzgerald, Intern

We also have seasonal interns whose sessions are free of charge!

#### **Access Mental Health Services**

Location: 6555 Abercorn St., Suite #221, Savannah, GA 31405

**Contact:** 912-200-9818

Website: <a href="https://accessmha.com/">https://accessmha.com/</a>

• Offers behavioral health assessments, community support, crisis intervention services, diagnostic assessments, individual/family/group therapy, nursing assessments, medication administration, and psychosocial rehabilitation support

Accepted Insurance Plans: Medicaid, Medicare, Amerigroup,

Wellcare, and Peachstate

Self-pay rates: Must have insurance

#### **Building Blocks**

Locations: 7 E. Congress St., Suite #1000C, Savannah, GA 31401

205 S. Skinner Ave. B, Pooler, GA 31322 711 Zitterour Dr., Rincon, GA 31326

Contact: 912-349-8043 or 912-988-1204 Website: <a href="https://buildingblocks.solutions">https://buildingblocks.solutions</a>

- Offers family, couples/marriage, youth, and individual therapy
- Provides in-person and telehealth services

Accepted Insurance Plans: Aetna, Blue Cross Blue Shield, Memorial Health Partners, Savannah Business Group. Tricare

Self-pay rates vary

#### Charlie Health

Location: Savannah, GA and surrounding areas

Contact: 1-866-959-1162; email: admissions@charliehealth.com

Website: https://www.charliehealth.com

• Offers virtual high acuity mental health and substance use intensive specialized outpatient therapy including group, individual, and family therapy for ages 11-30

Accepted Insurance Plans: All commercial plans and Tricare

Session cost: Call for self-pay information

#### **Hope Counseling Center**

Location: 37 W. Fairmont Ave., Suite #201, Savannah, GA 31406

Contact: 912-661-2801

Website: <a href="http://hopecounseling.center">http://hopecounseling.center</a>

• Offers individual, youth, relationship/marital counseling, as well as grief and divorce recovery, parenting/co-parenting training and workshops, school advocacy, social skills training via group therapy, behavior modification for children, play therapy, and process groups for teens

Accepted Insurance Plans: Aetna, Amerigroup, BlueCross BlueShield, Cameron & Associates, Cigna, Humana, Magellan, Memorial Health Partners/Coresource, MH Net, Peachstate, St. Josephs/Care Network, Tricare, United Behavioral Health/Optum, Wellcare

**Session cost:** Depends on type of therapy

#### **HUGS Savannah (Heads up Guidance Services)**

Location: 5 Executive Circle, Savannah, GA 31406

Contact: 912-417-4320; email: info@headsupsavannah.org

Website: https://www.headsupsavannah.org

- Utilizes a comprehensive approach to meet the behavioral health needs of families and individuals of all ages
- The intake appointment is \$40 and must be paid in advance in order to confirm the appointment; following the intake, the client is assigned to a counselor who is the best fit for their needs

Call for insurance information

#### **Introspection and Reflection**

Location: 114 Canal St., Suite #203, Pooler, GA 31322

Contact: 912-737-2176

Website: <a href="https://www.depressiontherapistsavannah.com">https://www.depressiontherapistsavannah.com</a>

- Offers individual, family, couples, group therapy for children and teens, and psychological assessments
- Provides in-person and telehealth services

Accepted Insurance Plans: Aetna, Ambetter, Amerigroup, Anthem, Beech Street, Blue Cross/Blue Shield, Care Network, Caresource, Cigna, Cenpatico, Multiplan, Peachstate, United Hankley Well & Plans

Healthcare, Value Plan

Self-pay rate: \$100 per session

Joye Psychology & Wellness

Location: 306 Commercial Dr., Savannah, GA 31406

Contact: 912-436-3736

Website: <a href="https://joyepsychology.com/">https://joyepsychology.com/</a>

• Offers cognitive behavioral therapy for youth, adults, couples, and families; holds multiple social groups for the development of social skills, as well as parenting and school advocacy

Accepted Insurance Plans: Aetna and Aetna Signature,

Amerigroup (for assessments and under 5 yrs old), Anthem/Blue Cross Blue Shield, Ambetter, Allied National, Caresource and Peach State (for ages 1-20 only), The Care Network/St. Joseph's/Candler, Cigna, Coresource, Humana, Integra, Straight Medicaid (for assessments), Memorial Health Partners, PHCS, Tricare East/Humana Military, UMR and Healthgram, United

#### **Low Country Counseling**

Location: 700 Commercial Court, Suites #102, 201, Savannah,

GA 31406

Contact: 912-503-5744

Website: <a href="https://savannahtherapist.com/">https://savannahtherapist.com/</a>

• Offers medication management, recovery services for substance abuse and eating disorders, individual therapy, family therapy, youth counseling, couples, counseling, maternal support, and support groups for women with unhealthy eating patterns

**Accepted Insurance Plans:** Aetna, BlueCross Blueshield, GEHA, Healthgram, Medicare, Memorial Health, Optum, UMR, United Healthcare

#### Savannah Counseling and Wellness, LLC

Location: 815 E 66th St, Savannah, GA 31405

Contact: 912-231-5221; email: info@LiveWellSAV.com

Website: www.livewellsav.com

• Specializes in supporting college students, parents, and working professionals with anxiety & depression, traumatic life events, and relationship difficulties

• Offers individual, couples, group therapy for adults

• Hybrid practice offering both in-person and telehealth services **Accepted Insurance Plans:** Tricare, Anthem, Blue Cross/Blue Shield, United Healthcare, Aetna, Ambetter, & Optum **Self-pay accepted and sliding scale appointments are available, please inquire for current openings** 

## Outpatient Mental Health Services: Substance Use Therapy

Assisted Recovery Center of Georgia

Location: 308 Commercial Dr., Savannah, GA 31406

Contact: 912-352-2425

Website: <a href="https://www.arcageorgia.com/">https://www.arcageorgia.com/</a>

 Offers in-suite medical detox (ambulatory), individual and group therapy, an intensive outpatient program, day treatments, alcohol harm reduction, opiate recovery, cocaine detox, and benzodiazepine detox programs

• Provides screening, physical assessments, pharmacotherapy, individualized treatment planning, and nursing services

**Accepted Insurance Plans:** Call to receive insurance information; also offers "in-house financing" plans for those who qualify **Self-pay rates vary** 

HealthQwest Frontiers (Opioid Recovery)

Location: 6707 Forest Park Dr., Savannah, GA 31406

**Contact:** 912-355-1699

Website: <a href="https://pinnacletreatment.com/location/georgia/savannah/healthqwest-frontiers-savannah/">https://pinnacletreatment.com/location/georgia/savannah/healthqwest-frontiers-savannah/</a>

- Offers general outpatient treatment, medication assisted treatment, clinical evaluation, individualized treatment plans, individual counseling, medication management, and relapse prevention
- Provides in-person and Telehealth services

**Accepted Insurance Plans:** Aetna, Anthem, Blue Cross Blue Shield, Cigna, Humana, Medicaid, Medicare, Medicare Advantage, United Behavioral Health

Self-pay rates vary

## Outpatient Mental Health Services: Substance Use Therapy

#### **Low Country Counseling**

Location: 700 Commercial Ct., Suites #102, 201, Savannah, GA

31406

Contact: 912-503-5744

Website: <a href="https://savannahtherapist.com/">https://savannahtherapist.com/</a>

• Offers medication management, recovery services for substance abuse and eating disorders, individual therapy, family therapy

**Accepted Insurance Plans:** Aetna, BlueCross Blueshield, GEHA, Healthgram, Medicare, Memorial Health, Optum, UMR, United Healthcare

Psychiatric Services are self-pay only

#### MedMark Treatment Center (Opioid Recovery)

Location: 600 Commercial Ct., Savannah, GA 31406

**Contact:** 912-352-4357

Website: <a href="https://medmark.com/">https://medmark.com/</a>

• Offers medication-assisted treatment (methadone and buprenorphine), individual/group substance use counseling, medical screenings, addiction education, coordinated pregnancy treatment, relapse prevention, and discharge planning

Accepted Insurance Plans: Call for insurance information

## Outpatient Mental Health Services: Substance Use Therapy

#### New Day Counseling (Addiction Recovery)

Location: 1805 Abercorn St., Savannah, GA 31401

Contact: 912-201-3605

Website: <a href="https://www.savannahoutpatient.org/">https://www.savannahoutpatient.org/</a>

• Offers free consultations, medication management, group therapy, education, relapse prevention, and long-term recovery management

• Provides an 8-week intensive outpatient program where clients meet four evenings a week

Accepted Insurance Plans: Call to receive insurance information; accepts Employment Assistance Program (EAB) plans

Self-pay rates vary

#### The Resilient Group

**Location:** 128 Francis Meeks Way, Suite #16, Richmond Hill, GA 31324 (also has Savannah and Pooler locations; call to ask for addresses)

**Contact:** 912-508-1223

Website: <a href="https://resiliencecounselingandconsulting.com/services/">https://resiliencecounselingandconsulting.com/services/</a>

• Offers individual counseling, addiction early intervention and recovery services, and clinical supervision

Accepted Insurance Plans: Call to receive insurance and self-pay information

# Outpatient Mental Health Services: Eating Disorder Therapy

**Low Country Counseling** 

Location: 700 Commercial Ct., Suites #102, 201, Savannah, GA

31406

Contact: 912-503-5744

Website: <a href="https://savannahtherapist.com/">https://savannahtherapist.com/</a>

 Offers medication management, recovery services for eating disorders, and support groups for women dealing with unhealthy eating habits

Accepted Insurance Plans: Aetns, Blue Cross Blue Shield, GEHA, Healthgram, Medicare, Memorial Health, Optum, UMR, United Healthcare

All psychiatric services are self-pay only

#### The Resilient Group

**Location:** 128 Francis Meeks Way, Suite #16, Richmond Hill, GA 31324 (also has Savannah and Pooler locations; call to ask for addresses)

Contact: 912-508-1223

Website: <a href="https://resiliencecounselingandconsulting.com/services/">https://resiliencecounselingandconsulting.com/services/</a>

• Offers individual counseling, fitness counseling, and eating disorder recovery services

**Accepted Insurance Plans:** Call to for insurance and self-pay information

# Outpatient Mental Health Services: Eating Disorder Therapy

**Resolve Strategies** 

Location: 5 Executive Circle Savannah, GA 31406

**Contact:** 912-507-8476

Website: <a href="https://www.resolvestrategiesinc.com/">https://www.resolvestrategiesinc.com/</a>

• Offers couples therapy through evidence-based interventions

Accepted Insurance Plans: Call to see if insurance is accepted for

couples counseling

Session cost: \$150 for initial intake session; \$125 for following

sessions

## Outpatient Mental Health Services: Couples/Marriage Counseling

**Hope Counseling Center** 

Location: 37 W. Fairmont Ave., Suite #201, Savannah, GA 31406

Contact: 912-661-2801

Website: <a href="http://hopecounseling.center">http://hopecounseling.center</a>

 Offers individual, relationship/marital counseling, as well as grief and divorce recovery, and parenting/co-parenting training and workshops

Accepted Insurance Plans: Aetna, Amerigroup, BlueCross BlueShield, Cameron & Associates, Cigna, Humana, Magellan, Memorial Health Partners/Coresource, MH Net, Peachstate, St. Josephs/Care Network, Tricare, United Behavioral Health/Optum, Wellcare

**Session cost:** Depends on type of therapy

#### The Resilient Group

**Location:** 128 Francis Meeks Way, Suite #16, Richmond Hill, GA 31324 (also has Savannah and Pooler locations; call to ask for addresses)

Contact: 912-508-1223

Website: <a href="https://resiliencecounselingandconsulting.com/services/">https://resiliencecounselingandconsulting.com/services/</a>

Offers individual and advanced couples counseling
 Accepted Insurance Plans: Call to for insurance and self-pay information

## Outpatient Mental Health Services: Couples/Marriage Counseling

**Resolve Strategies** 

Location: 5 Executive Circle Savannah, GA 31406

**Contact:** 912-507-8476

Website: <a href="https://www.resolvestrategiesinc.com/">https://www.resolvestrategiesinc.com/</a>

• Offers couples therapy through evidence-based interventions, with the goal of eliciting change and improving couples' boundaries, communication, and a healthy connection

Accepted Insurance Plans: Call to see if insurance is accepted for

couples counseling

Session cost: \$150 for initial intake session; \$125 for following

sessions

#### Sea Change Counseling

Location: 50 Al Henderson Blvd., Savannah, GA 31419

Contact: 912-777-9842

Website: <a href="https://seachangecounselingservices.com/">https://seachangecounselingservices.com/</a>

• Offers individual, couples therapy, marriage counseling, premarital counseling, and discernment counseling, both in-person and via Telehealth

**Accepted Insurance Plans:** May receive partial reimbursement from insurance depending on the carrier, but the practice is oriented toward self-pay services

**Self-pay rate:** \$175 for a typical 70-minute session

## Outpatient Mental Health Services: Family Counseling

Family First Therapy

Location: 548 E Duffy St., Savannah, GA 31401

Contact: 912-403-6013

Website: <a href="https://familyfirsttherapy.com/">https://familyfirsttherapy.com/</a>

• Offers tips and solutions for handling kids acting out, parenting disagreements, navigating family structure, talking to kids, and dealing with new diagnoses in the family through in-person and via Telehealth

**Accepted Insurance Plans:** Call insurance company and ask if plan covers "out-of-network behavioral health services in an outpatient setting"

**Self-pay rates:** Depends on therapist; ranges from \$85-160\$ per session

#### The Resilient Group

**Location:** 128 Francis Meeks Way, Suite #16, Richmond Hill, GA 31324 (also has Savannah and Pooler locations; call to ask for addresses)

Contact: 912-508-1223

Website: <a href="https://resiliencecounselingandconsulting.com/services/">https://resiliencecounselingandconsulting.com/services/</a>

• Offers individual, family, new parents, youth, and fertility counseling, along with LGBTQ+ family support

**Accepted Insurance Plans:** Call to receive insurance and self-pay information

## Outpatient Mental Health Services: Family Counseling

**Transfigurations** 

Location: 224 Stephenson Ave., Savannah, GA 31405

Contact: 912-208-0049

Website: <a href="https://www.transfigurationsllc.com/">https://www.transfigurationsllc.com/</a>

• Offers family counseling, parental guidance/aide counseling,

couples therapy, and individual counseling

Accepted Insurance Plans: Call for insurance and self-pay information, or email: <a href="mailto:lakeya@transfigurationsllc.com">lakeya@transfigurationsllc.com</a>

Waters Edge Counseling

Location: 2103 Bull St., Savannah, GA 31401

Contact: 912-319-5552

Website: <a href="https://watersedgecounseling.com/">https://watersedgecounseling.com/</a>

- Offers a Family System Approach to family counseling, addressing the family as a unit and helping each person understand their interactions and communication patterns within the family.
- Also provides individual counseling (for anxiety, depression, military, eating disorders, and substance abuse), youth counseling, marriage counseling, SCAD student counseling, help with coping after a cancer diagnosis, christian counseling, and clinical supervision through in-person and via Telehealth

Accepted Insurance Plans: Does not accept insurance

**Self-pay rates:** \$90-140 a session; some clinicians offer a sliding scale

that can be discussed at the intake appointment

## Outpatient Mental Health Services: LGBTQ+ Counseling/Support Services

#### The Resilient Group

**Location:** 128 Francis Meeks Way, Suite #16, Richmond Hill, GA 31324 (also has Savannah and Pooler locations; call to ask for addresses)

Contact: 912-508-1223

Website: <a href="https://resiliencecounselingandconsulting.com/services/">https://resiliencecounselingandconsulting.com/services/</a>

• Offers individual counseling, gender therapy, LGBTQ+ family support, and documentation/referral for gender-affirming medical interventions (including surgery)

**Accepted Insurance Plans:** Call to for insurance and self-pay information

#### Ahola Counseling Savannah

Location: 513 E. Oglethorpe Ave., Suite F, Savannah, GA 31401

**Contact:** 912-208-9850

Website: <a href="https://aloha-counseling.com/">https://aloha-counseling.com/</a>

• Offers individual counseling, spirituality counseling, and life coaching services for those of the LGBTQ+ community, active duty military service members, and those struggling from addiction and trauma

**Accepted Insurance Plans:** Call to receive insurance and self-pay information

Kelly Bell, LCSW

Location: 107 Oglethorpe Professional Blvd., Savannah, GA 31406

Contact: 912-662-8294

Website: <a href="https://www.psychologytoday.com/us/therapists/kelly-bell-savannah-ga/153634">https://www.psychologytoday.com/us/therapists/kelly-bell-savannah-ga/153634</a>

• Offers individual therapy in-person and via Telehealth for a wide range of presenting issues using various treatment approaches

Accepted Insurance Plans: Aetna, Anthem, Beacon Health Options, Blue Cross Blue Shield, Cigna and Evernorth, Core Source, E4Health, Gulfstream, Health Net, Humana, Kaiser Permanente, MHN, Magellan, Memorial Health Partners, Optum, St. Joseph's/Candler Hospital, Tricare, The Care Network, UnitedHealthcare Self-pay rate: 100-125\$ per session

#### Daniel Haddad, LCSW,

Location: 315 Commerical Dr., Suite #C-3, Savannah, GA 31406

Contact: 912-348-5263

Website: <a href="https://www.psychologytoday.com/us/therapists/daniel-s-haddad-savannah-ga/335180">https://www.psychologytoday.com/us/therapists/daniel-s-haddad-savannah-ga/335180</a>

• Offers EMDR, addiction, and relationship counseling, in-person and via Telehealth

Accepted Insurance Plans: Aetna, Anthem, Blue Cross Blue Shield, CoreSource: Gulfstream Aerospace Corporation, Integra: Memoria Health, Optum, SBG: City of Savannah, St. Joseph's/Candler Care Network, UMR: Savannah College of Art and Design, UnitedHealthcare UHC | UBH

December Goad, LPC

Location: DG Counseling, LLC, 50 Al Henderson Blvd., Savannah,

GA 31419

**Contact:** 912-387-2859

Website: <a href="https://www.psychologytoday.com/us/therapists/december-goad-savannah-ga/378438">https://www.psychologytoday.com/us/therapists/december-goad-savannah-ga/378438</a>

• Offers EMDR, youth counseling, therapy for individuals on the autism spectrum, Christian counseling

Accepted Insurance Plans: Aetna, Ambetter, Amerigroup, Anthem, Beacon Health Options, Blue Cross Blue Shield, Caresource, City of Savannah, ComPsych, Deer Oaks, GEHA, Healthgram. Humana, Lyra-EAP, MHN, Magellan, Mutual of Omaha-EAP, Optum, Tricare, The Care Network, UnitedHealthcare, Workplace Options-EAP

Self-pay rate: 125-150\$ per session

#### Shrink Savannah- Chene Aglialoro Walz

Location: 1601 Abercorn St., Savannah, GA 31401

Contact: 912-712-2550

Website: <a href="https://www.shrinksavannah.com/ketamine">https://www.shrinksavannah.com/ketamine</a>

- Offers adult individual counseling utilizing EMDR and LGBTQIA+ affirmative psychotherapy, along with medication management and ketamine-assisted therapy
- Specialties include trauma and anxiety

Accepted Insurance Plans: Blue Cross Blue Shield, Cigna,

Healthgram, Maestro, UMR United

Self-pay rates vary

## Group Therapy

**Introspection and Reflection** 

Location: 114 Canal St., Suite #203, Pooler, GA 31322

**Contact:** 912-737-2176

Website: <a href="https://www.depressiontherapistsavannah.com">https://www.depressiontherapistsavannah.com</a>

• Offers group therapy for children and teens

• Provides in-person and telehealth services

**Accepted Insurance Plans:** Aetna, Ambetter, Amerigroup, Anthem, Beech Street, Blue Cross/Blue Shield, Care Network, Caresource, Cigna, Cenpatico, Multiplan, Peachstate, United Healthcare, Value Plan

Self-pay rate: \$100 per session

Waters Edge Counseling

Location: 2103 Bull St., Savannah, GA 31401

Contact: 912-319-5552

Website: <a href="https://watersedgecounseling.com/">https://watersedgecounseling.com/</a>

 Offers CBT group therapy, DBT group therapy, and adult group therapy

Accepted Insurance Plans: Does not accept insurance

Self-pay rates: \$90-140 a session; some clinicians offer a sliding scale

that can be discussed at the intake appointment

## Medication Management: Psychiatry

Dr. Arnold Negrin

Location: 200 Stephenson Ave., Suite #302, Savannah, GA 31405

**Contact:** 912-351-0325

Website: <a href="http://www.arnoldnegrin.com/">http://www.arnoldnegrin.com/</a>

• Offers medication management and psychological testing

Accepted Insurance Plans: Most commerical plans accepted and

Ambetter; does not accept Medicare or Medicaid

Self-pay rates vary

#### Horizon Behavioral Health

Locations: 508 N Main St., Suite A, Hinesville, GA 31313

595 Towne Park West, Suite #200, Rincon, GA 31326

**Contact:** 912-785-2100

Website: <a href="https://www.hbhga.com/">https://www.hbhga.com/</a>

• Offers psychiatry services, Cognitive Behavioral Therapy (CBT), Esketamine/Spravato treatment, and Transcranial Magnetic Stimulation (TMS) therapy

Accepted Insurance Plans: Aetna, Alliant Health/SoloCare, Amerigroup, Anthem/BCBS, Bright Health Plan, Caresource CMO, CareSource Marketplace, Cigna Behavioral Health, Cigna Healthspring, Clover Health, Friday Health Plan, Humana, Humana Medicare Advantage, Medicaid (State), Medicare Palmetto, Medicare Railroad, Memorial Health Partners, Multiplan, NovaNet PPO, Peachstate Health Plan (Allwell), PeachState Health Plan (Ambetter), Peachstate Health Plan (CMO), The Care Network, UHC/Optum Behavioral Health, Wellcare Medicare Replacement, Tricare Prime Humana Military

## Medication Management: Psychiatry

**Integrated Behavioral Center** 

Location: 1121 Cornell St., Savannah, GA 31406

**Contact:** 912-355-4987

Website: <a href="https://www.integratedbehavioralcenter.com">https://www.integratedbehavioralcenter.com</a>

• Offers medication management for adults, adolescents, and children for a wide range of mental disorders

**Accepted Insurance Plans:** The Care Network, Champ VA, Savannah Business Group, Traditional Medicare, Traditional

Medicaid, Tricare, Wellcare Medicaid

**OUT of network but WILL file claims:** Aetna, Blue Cross Blue Shield, Cigna, Coventry, Memorial Health Partnership, United Healthcare

#### **Low Country Counseling**

Location: 700 Commercial Ct., Suites #102, 201, Savannah, GA

31406

Contact: 912-503-5744

Website: <a href="https://savannahtherapist.com/">https://savannahtherapist.com/</a>

• Offers medication management

All psychiatric services are self-pay only

## Medication Management: Psychiatry

New Beginnings- Jessica Coleman, NP

Location: 3441 Cypress Mill Rd, Suite #101

Contact: 912-275-4763

Email: newbeginningsmentalhealthbwk@gmail.com

• Offers medication management for ages 13+

Accepted Insurance Plans: Aetna, Blue Cross Blue Shield of

Georgia, Cigna, United Call for self-pay rates

#### Shrink Savannah- Dr. Chad Brock

Locations: 130 Stephenson Ave, Suite #102, Savannah, GA 31401

114 Canal St., Suite #301, Pooler, GA 31322

**Contact:** 912-712-2550

Website: https://www.shrinksavannah.com/ketamine

 Offers medication management, individual counseling, and Ketamine therapy

Accepted Insurance Plans: Cigna, Healthgram, Maestro, UMR

United

Self-pay rates vary

## Psychological Assessments

#### **Access Mental Health Services**

Location: 6555 Abercorn St. Suite #221, Savannah, GA 31405

Contact: 912-200-9818

Website: <a href="https://accessmha.com/">https://accessmha.com/</a>

• Offers behavioral health assessments, community support, crisis intervention services, diagnostic assessments, individual/family/group therapy, nursing assessments, medication administration, and psychosocial rehabilitation support

Accepted Insurance Plans: Medicaid, Medicare, Amerigroup,

Wellcare, and Peachstate

Self-pay rates: None; must have insurance

#### Fiano Psychological Services

Location: 3025 Bull St., Room 248, Savannah, GA 31405

**Contact:** 912-233-6686

Website: <a href="https://www.kristinfiano.com/index.html">https://www.kristinfiano.com/index.html</a>

• Offers independent, forensic, and neuropsychological evaluations for adults (18+)

**Accepted Insurance Plans:** No private insurance is accepted; forensic and independent evaluations are not covered by insurance; call office for insurance and payment questions

## Psychological Assessments

Joye Psychology & Wellness

Location: 306 Commercial Dr., Savannah, GA 31406

**Contact:** 912-436-3736

Website: <a href="https://joyepsychology.com/">https://joyepsychology.com/</a>

 Offers comprehensive diagnostic assessments for gifted/talented, learning disabilities, ADHD, autism spectrum disorder/ developmental delay, intellectual functioning, depression and anxiety for school documentation for all grade levels

Accepted Insurance Plans: Aetna and Aetna Signature, Amerigroup (for assessments and under 5 yrs old), Anthem/Blue Cross Blue Shield, Ambetter, Allied National, Caresource and Peach State (for ages 1-20 only), The Care Network/St. Joseph's/Candler, Cigna, Coresource, Humana, Integra, Straight Medicaid (for assessments), Memorial Health Partners, PHCS, Tricare East/Humana Military, UMR and Healthgram, United

#### Savannah Behavioral Pediatrics

Location: 310 Eisenhower Dr., Building #5, Savannah, GA 31406

Contact: 912-436-6789

Website: <a href="https://savannahbehavioralpediatrics.com/">https://savannahbehavioralpediatrics.com/</a>

 Offers comprehensive psychological assessments, psychoeducational evaluations, and developmental assessments for children, adolescents, and teens/college students with behavioral and learning difficulties

**Accepted Insurance Plans:** Out-of-network with all insurances but will help file for reimbursements based on your network benefits **Session fees:** Based on provider's level of education; see website for more information

## Psychological Assessments

Savannah Medical Psychology

Location: 7505 Waters Ave., Suite #D5, Savannah, GA 31406

Contact: 912-438-6895

Website: <a href="https://npino.com/psychologist/1891966925-savannah-">https://npino.com/psychologist/1891966925-savannah-</a>

medical-psychology/

• Offers pediatric and adolescent assessments

Accepted Insurance Plans: Call to receive insurance and self-pay

information

## Psychological Assessments: Drug and Alcohol

Assisted Recovery Center of Georgia

Location: 308 Commercial Dr., Savannah, GA 31406

Contact: 912-352-2425

Website: <a href="https://www.arcageorgia.com/">https://www.arcageorgia.com/</a>

 Offers in-suite medical detox (ambulatory), individual and group therapy, an intensive outpatient program, day treatments, alcohol harm reduction, opiate recovery, cocaine detox, and benzodiazepine detox programs

• Provides screening, physical assessments, pharmacotherapy, individualized treatment planning, and nursing services

**Accepted Insurance Plans:** Call to receive insurance information; also offers "in-house financing" plans for those who qualify **Self-pay rates vary** 

HealthQwest Frontiers (Opioid Recovery)

Location: 6707 Forest Park Dr., Savannah, GA 31406

Contact: 912-355-1699

Website: <a href="https://pinnacletreatment.com/location/georgia/savannah/healthqwest-frontiers-savannah/">https://pinnacletreatment.com/location/georgia/savannah/healthqwest-frontiers-savannah/</a>

- Offers general outpatient treatment, medication assisted treatment, clinical evaluation, individualized treatment plans, individual counseling, medication management, and relapse prevention
- Provides in-person and Telehealth services

**Accepted Insurance Plans:** Aetna, Anthem, Blue Cross Blue Shield, Cigna, Humana, Medicaid, Medicare, Medicare Advantage, United Behavioral Health

Self-pay rates vary

## Psychological Assessments: Drug and Alcohol

New Day Counseling (Addiction Recovery)

Location: 1805 Abercorn St., Savannah, GA 31401

Contact: 912-201-3605

Website: <a href="https://www.savannahoutpatient.org/">https://www.savannahoutpatient.org/</a>

• Offers free consultations, medication management, group therapy, education, relapse prevention, and long-term recovery management

• Provides an 8-week intensive outpatient program where clients

meet four evenings a week

Accepted Insurance Plans: Call to receive insurance information;

accepts Employment Assistance Program (EAB) plans

Self-pay rates vary

#### MedMark Treatment Center (Opioid Recovery)

Location: 600 Commercial Ct., Savannah, GA 31406

Contact: 912-352-4357

Website: <a href="https://medmark.com/">https://medmark.com/</a>

• Offers medication-assisted treatment (methadone and buprenorphine), individual/group substance use counseling, medical screenings, addiction education, coordinated pregnancy treatment, relapse prevention, and discharge planning

Accepted Insurance Plans: Call for insurance information

## Inpatient Services

#### Coastal Harbor

Location: 1150 Cornell Ave., Savannah, GA 31406

Contact: 912-354-3911

Website: www.coastalharbor.com

 Offers residential and acute inpatient treatment for children, adolescents, and adults, along with substance abuse treatment, outpatient programs, veteran services, and active duty military support services

**Accepted Insurance Plans:** BlueCross BlueShield, Medicare, Tricare, United Healthcare, and others; call for other accepted insurance plans

#### **Gateway**

Location: 600 Coastal Village Dr., Brunswick, GA 31520

Contact: 866-557-9955

Website: <a href="https://gatewaycsb.org/contact/">https://gatewaycsb.org/contact/</a>

Offers

**Accepted Insurance Plans:** 

### Inpatient Services

## Memorial Health University Medical Center for Behavioral Medicine

Location: 4700 Waters Ave., Savannah, GA 31404

Contact: 912-350-8000 ext. 3428

Website: <a href="https://memorialhealth.com/">https://memorialhealth.com/</a>

• Offers

**Accepted Insurance Plans:** 

#### **Recovery Place**

Location: 835 E. 65th St., Savannah, GA 31405

**Contact:** 912-355-1440

Website: <a href="https://www.recoveryplace.org/">https://www.recoveryplace.org/</a>

Offers

**Accepted Insurance Plans:** 

## Social Services: Counseling/Case Management for Homelessness

#### **Inner City Night Shelter**

Location: 124 Arnold St., Savannah, GA 31401

Contact: 912-232-4673

Website: <a href="http://www.icns-sav.com/">http://www.icns-sav.com/</a>

• Provides emergency shelter, case management, and other essential services to adult men and women 24/7; welcomes drug addicts, alcoholics, recently incarcerated, and mentally ill

#### **Union Mission**

Location: 9120 Fahm St., Savannah, GA 31401

**Contact:** 912-238-2777

Website: <a href="https://www.unionmission.org/">https://www.unionmission.org/</a>

• Offers emergency housing programs, mental health counseling, HIV/AIDS support services, and permanent supportive housing, and support for men, women, and those with special needs

## Social Services: Clothing Assistance

#### **EPACT**

Location: 5501 Abercorn St., Suite #D-132, Savannah, GA 31405

Contact: 912-484-1992

Website: <a href="https://www.epact-inc.com/">https://www.epact-inc.com/</a>

#### **Lighthouse Ministry**

Location: 50 Al Henderson Blvd., Savannah, GA 31419

**Contact:** 912-629-4742

Website:

#### **Salvation Army**

Location: 3100 Montgomery St., Savannah, GA 31405

**Contact:** 912-651-7420

Website: <a href="https://salvationarmygeorgia.org/savannah/">https://salvationarmygeorgia.org/savannah/</a>

Provides

#### Social Apostolate of Savannah

Location: 502 E Liberty St., Savannah, GA 31401

Contact: 912-233-1877

Website: <a href="https://socialapostolate.org/">https://socialapostolate.org/</a>

# Social Services: Employment Assistance

# **Economic Opportunity Authority for Savannah-**

**Chatham County Area** 

Location: 618 W Anderson St., Savannah, GA 31415

**Contact:** 912-238-2960

Website: <a href="https://eoasga.org/">https://eoasga.org/</a>

**EmployAbility** 

Location: 7211 Seawright Dr., Savannah, GA 31406

**Contact:** 912-644-7500

Website: <a href="https://www.employabilityga.org/">https://www.employabilityga.org/</a>
• For those with physical and mental disabilities

**EPACT** 

Location: 5501 Abercorn St., Suite #D-132, Savannah, GA 31405

Contact: 912-484-1992

Website: <a href="https://www.epact-inc.com/">https://www.epact-inc.com/</a>

Old Savannah City Mission

Location: 2414 Bull St., Savannah, GA

**Contact:** 912-232-1979

Website: <a href="https://oldsavannahcitymission.org/index.php/">https://oldsavannahcitymission.org/index.php/</a>

services/

Social Apostolate of Savannah

Location: 502 E Liberty St., Savannah, GA 31401

Contact: 912-233-1877

Website: <a href="https://socialapostolate.org/">https://socialapostolate.org/</a>

# Social Services: Food Assistance

#### **EPACT**

Location: 5501 Abercorn St., Suite #D-132, Savannah, GA 31405

Contact: 912-484-1992

Website: <a href="https://www.epact-inc.com/">https://www.epact-inc.com/</a>

## **Lighthouse Ministry**

Location: 50 Al Henderson Blvd., Savannah, GA 31419

**Contact:** 912-629-4742

Website:

## Old Savannah City Mission

Location: 2414 Bull St., Savannah, GA

**Contact:** 912-232-1979

Website: <a href="https://oldsavannahcitymission.org/index.php/">https://oldsavannahcitymission.org/index.php/</a>

services/

#### **Salvation Army**

Location: 3100 Montgomery St., Savannah, GA 31405

**Contact:** 912-651-7420

Website: <a href="https://salvationarmygeorgia.org/savannah/">https://salvationarmygeorgia.org/savannah/</a>

Provides

#### Social Apostolate of Savannah

Location: 502 E Liberty St., Savannah, GA 31401

**Contact:** 912-233-1877

Website: <a href="https://socialapostolate.org/">https://socialapostolate.org/</a>

# Social Services: Health Assistance

# Chatham County Health Department/Midtown Clinic

Location: 1602 Drayton St., Savannah, GA 31401

Contact: 912-356-2441

Website: <a href="https://coastalhealthdistrict.org/programs-services/">https://coastalhealthdistrict.org/programs-services/</a>

## JC Lewis Health Services

Locations: 5 Mall Annex, Savannah, GA 31406 (adults)

3802 Waters Ave., Savannah, GA 31404 (pediatrics)

Contact: 912-495-8887

Website: <a href="http://www.jclewishealth.org/contact">http://www.jclewishealth.org/contact</a>

## **Salvation Army**

Location: 3100 Montgomery St., Savannah, GA 31405

**Contact:** 912-651-7420

Website: <a href="https://salvationarmygeorgia.org/savannah/">https://salvationarmygeorgia.org/savannah/</a>

• Provides

# Savannah Volunteer Dental Clinic (on Fridays)

Location: 5717 White Bluff Rd., Savannah, GA 31455

Contact: 912-429-8368

Website:

# Social Services: Health Assistance

## Social Apostolate of Savannah

Locations: 502 E Liberty St., Savannah, GA 31401

**Contact:** 912-233-1877

Website: <a href="https://socialapostolate.org/">https://socialapostolate.org/</a>

#### St. Mary's Health Clinic

Location: 1302 Drayton St., Savannah, GA 31401

**Contact:** 912-443-9409

Website: <a href="https://www.sjchs.org/why-sjchs/community-">https://www.sjchs.org/why-sjchs/community-</a>

outreach/st-marys-health-center

# Social Services: LGBTQ+ Advocacy, Support, and Education

First City Network

Location: 1515 Bull St., Savannah, GA 31401

**Contact:** 912-236-2489

Website: <a href="https://firstcitynetwork.org/">https://firstcitynetwork.org/</a>

# Social Services: Rent/Utilities Assistance

# Economic Opportunity Authority for Savannah-Chatham County Area

Location: 618 W Anderson St., Savannah, GA 31415

**Contact:** 912-238-2960

Website: <a href="https://eoasga.org/">https://eoasga.org/</a>

## **Salvation Army**

Location: 3100 Montgomery St., Savannah, GA 31405

**Contact:** 912-651-7420

Website: <a href="https://salvationarmygeorgia.org/savannah/">https://salvationarmygeorgia.org/savannah/</a>

• Provides

# Social Services: Temporary Housing for Men and Women

**Inner City Night Shelter** 

Location: 124 Arnold St., Savannah, GA 31401

Contact: 912-232-4673

Website: <a href="http://www.icns-sav.com/">http://www.icns-sav.com/</a>

• Provides emergency shelter, case management, and other essential services to adult men and women 24/7; welcomes drug addicts,

alcoholics, recently incarcerated, and mentally ill

## Old Savannah City Mission

Location: 2414 Bull St. Savannah, GA

**Contact:** 912-232-1979

Website: <a href="https://oldsavannahcitymission.org/index.php/">https://oldsavannahcitymission.org/index.php/</a>

services/

## Salvation Army

Location: 3100 Montgomery St., Savannah, GA 31405

**Contact:** 912-651-7420

Website: <a href="https://salvationarmygeorgia.org/savannah/">https://salvationarmygeorgia.org/savannah/</a>

#### **Union Mission**

Location: 9120 Fahm St., Savannah, GA 31401

**Contact:** 912-238-2777

Website: <a href="https://www.unionmission.org/">https://www.unionmission.org/</a>

• Provides emergency housing, permanent supportive housing, mental health counseling, and HIV/AIDS support services

# Social Services: Temporary Housing for Women with Children

# **SAFE Shelter (Domestic Violence Shelter)**

Location: 1052 Mohawk St., Savannah, GA 31419

Contact: 912-629-8888

Website: https://safeshelter.org

• Provides confidential and secure temporary housing for DV victims and their children, a 24-hour DV hotline (listed on hotlines pages at the end of pamphlet), outreach program/legal advocacy, bilingual advocacy, follow-up/after care program, child and family advocacy, community education, and a camp for children who have been directly affected by domestic violence

#### **Union Mission**

Location: 9120 Fahm St., Savannah, GA 31401

Contact: 912-238-2777

Website: <a href="https://www.unionmission.org/">https://www.unionmission.org/</a>

 Provides emergency housing, permanent supportive housing, mental health counseling, and HIV/AIDS support services

# **Hotlines**

#### **CARES Warm:** 1-844-326-5400

- Helps with substance abuse challenges
- Call or text every day of the year between 8:30am-11pm

Child Support Enforcement: 1-800-227-1993

<u>Childhelp USA Child Abuse:</u> 1-800-4-A-CHILD (1-800-422-4453)

Domestic Violence/SAFE Shelter: 912-629-8888

Georgia Coalition Against Domestic Violence Information: 1-800-33 HAVEN (1-800-334-2836)

## Georgia Crisis and Access: 1-800-715-4225

• Provides 24/7 confidential crisis intervention and access to mental health, substance misuse, and intellectual and developmental disabilities services

Georgia Dept. of Community Health: 404-656-4507

Georgia Drug Abuse: 1-800-338-6745

# **Hotlines**

Georgia Network to End Sexual Assault: 404-815-5261

Medicaid (GA Health Partnership Provider): 1-800-766-4456

National Association for Sickle Cell Disease: 1-800-421-8453

National Sexually Transmitted Disease/American Social Health Association: 1-800-227-8922

National Suicide/Hope Line Network: 1-800-SUICIDE (1-800-784-2433)

• Provides

Parent to Parent: 1-800-229-2038

Peachcare for Kids: 1-877-427-3224

# **Hotlines**

#### Peer2Peer Warm Line: 1-888-945-1414

• Free service of the GA mental health consumer network available 24/7 providing peer support, encouragement, and linkage to support for legal issues, social support services, housing assistance, and other barriers to wellness.

Rape, Abuse, and Incest National Network (RAINN): 1-800-656-HOPE (1-800-656-4673)

Refugee Family Services: 404-299-6217

Right from the Start Medicaid Project: 1-800-809-7276

Social Security Administration: 1-800-772-1213

The Salvation Army: 770-441-6200

• Provides

United Way Crisis Helpline: 1-800-233-4357

Victims of Crime Helpline: 1-800-FYI-CALL (1-800-394-2255)

Women, Infants, and Children (WIC)/Health Mothers and Healthy Babies: 1-800-228-9173

